

ZAGAT

Eat This Now: San Diego's 30 Essential Dishes

BY DARLENE HORN | JANUARY 23, 2017



No matter the time of year in San Diego, there's always something good to eat, and our updated list of 30 essential eats in San Diego is living proof. For those of you planning on keeping your resolutions to eat healthier, we have a bunch of delicious options, as well as some not-so-healthy ones. Check out this list of our absolute favorites, including sausage-stuffed rolls, made-before-your-eyes ceviche, vegetarian chili and more.



Lobster bisque at Ponsaty's

Rancho Santa Fe's elegant fine-dining establishment offers plenty of head-turning dishes, but the one you'll find at almost every table is the lobster bisque. Each steaming bowl is made to order and comes topped with flaked puff pastry that you'll have to eat through to get to the rich, creamy broth underneath.

6106 Paseo Delicias, Rancho Bernardo; 858-771-1871